Key Rules

Game Start

- -Games start with a jump ball and possession alternates on every jump ball after that.
- -Teams need at least 4 players within 10 minutes of game start time or it will be declared a forfeit and played as a scrimmage.
- -If a team only has 4 players game can be played 4v4.

Time

- -Each game is four 8-minute quarters.
- -Clock stops last two minutes of fourth-quarter only.

Ball Size

L1: 27.5" L2: 28.5" L3: 28.5"

Rim Heights

L1: 8 feet L2: 9 feet L3: 10 feet

Defense

L1: Inside three point line only

L2: Half-court press L3: Half-court press

Time-Outs

-Each team has two time-outs per half which do not carry over.

Fouls

- -5 personal fouls eliminate players from game in League 3
- -1+1 Shots after 7 team fouls in a half.

Three-Pointers

-Three-pointers in League 3 only

Participation

- -All players are required to play 2 full quarters of every game if a team has 8 players.
- -If a team has 7 players or less each player must play 2.5 quarters.